

Could it be a gambling issue? **Start the conversation.**

Call 1-(800)333-HOPE
or text HOPE to 61222

For more information:

Visit GetGamblingHelp.com
or NoJudgement.com



No
judgement.
**Only
hope.**

When you call **1-800-333-HOPE**, you will reach an experienced and trusted professional to talk about gambling issues. We are not here to judge, we're here to provide confidential and anonymous support to you or others in need of assistance, regardless of circumstance. If you – or someone you know – are among the millions of people affected by gambling issues, give us a call today.

Minnesota Department of **Human Services**